

Menu of Treatments

Tabing Ilog
Wellness Spa

Head and Shoulders Massage (30mins) Php 450

Experience the soothing relief of our head, neck, and shoulder massage, designed to release built-up tension and stress in the areas where it's often felt the most. Helps to restore flexibility and ease discomfort, leaving you feeling lighter and more relaxed.

Ear Candling (30mins) Php 400

A relaxing and enjoyable way to soothe the sinuses, ears and head and calm and clear the mind. This age-old practice works to relieve the ear of wax, water and debris, headache/migraine and stress. Combined with head and facial massage for a holistic approach to wellness.

Foot Massage (45mins) Php 600

Great way to stimulate the nerves, improve blood circulation while our therapist taps into the many pressure points of your feet. It will also relieve tension in the calves while restoring comfort to tired feet.

Dagdagay Foot Reflex (45mins) Php 700

The primary goal of this traditional Filipino massage from the Mountain Province is to release tensions and apply pressure to stimulate the soles and cleanse and purify the feet by using bamboo sticks.

Full Body Massage (60 mins) Php 780

Experience soothing, smooth, and soft strokes to help flush out all your anxiety and let the aromatic oil alleviate your stress. Stimulate your senses, boost your mood and enjoy a refreshing treatment.

Deep Tissue Massage (60mins) Php 850

Focuses on the deeper muscles and connective tissue layers. Particularly effective in treating chronic pain, as well as areas with high tension, such as the neck, shoulders, and lower back by using intense pressure and targeted techniques to address specific muscle groups and deeper layers of tissue.

Caylabne Signature Massage (90mins) Php 980

Begin the healing journey that your body needs. This medium-pressure massage combines "hilot" - the ancient Filipino art of healing with hot stone massage and ventosa bringing profound relief to tight muscles and a stressed and weary spirit. The warmth of the stones allows our therapist to work deeply in the muscles, bringing you to a complete state of relaxation and stress relief. You'll feel reinvigorated

Prenatal Massage (60 mins) Php 880

While pregnancy is an amazing time, it is also stressful on a mother's body. As your baby grows, your body changes in ways you didn't even know were possible. Prenatal massage is a type of therapeutic massage focused on relaxation as well as relief from some of the physical pain of pregnancy.

Lomi Lomi Massage (60mins) Php 800

Also known as the "loving hands" massage, its rooted in the Polynesian culture of the Hawaiian Islands. Lomi Lomi, mostly using forearm is characterized by its flowing, rhythmic movements that mimic the ebb and flow of the ocean. using long, sweeping strokes that create a sense of continuous motion and connection. The best part is you don't have to travel to Hawaii to receive it!

Add-on Promo: Enhance your massage experience with the following:

Anti Ageing Body Scrub (30mins) Php 550

Our coffee body scrub have exfoliating properties to get rid of dead skin leaving your skin fresh, smooth, and glowing. Rich in antioxidants, it's known for their anti-ageing properties to improve the texture and tone of your skin, giving you a more youthful and vibrant look. Additionally, the caffeine stimulates blood flow, which can reduce the appearance of cellulite.

Milk Body Bath (20mins) Php 280

Feel like Cleopatra. A milk bath can help you achieve healthy, glowing, and exuberant skin. It can relieve sunburn and soothes redness and itchiness from rashes,

For reservations, please proceed to the
Reception Desk or contact Ms. Ria 0916-432-0069

CAYLABNE BAY
RESORT & MARINA

